

## **Psychology Btec.**

### **Mini project.**

Students can prepare for year 12 Btec Psychology by completing prior study.

#### **Psychological approaches and assumptions.**

Task. (1500 word essay, approx. three pages)

Discuss how different approaches in psychology explain various behaviours and disorders.

The approaches include;

Cognitive, learning theory, social explanations and biological approaches.

Extension (500 words) Discuss research which supports the different approaches.

Hints. In task 1 you should look at how the learning approach explains phobias for example and how the cognitive approach explains disorders such as depression.

Extension tip. Research/studies such as Bandura's 'Bo Bo doll' study explains learning theory of aggression, and Watson's 'Little Albert' study shows how behaviours such as phobias can be learnt.

If you want to get the specific book for Btec Psychology it is Pearson Btec National Applied Psychology Level 3 Book 1. Isbn 9781912820047.

Amazon will stock it I think.

However there are several Youtube sites you can use e.g. AQA A level Psychology under 20 mins quick revision for paper 2. Or you can look for the approaches individually.

I can be contacted at [archers@beck.uk.com](mailto:archers@beck.uk.com) for any help and advice.