

Your School Health Team



Mersey Care
NHS Foundation Trust

Are you worried about:

- Emotional health
- Sexual health
- Lifestyle choices
- Relationship with yourself or others
- Personal safety
- Drugs and alcohol
- Becoming independent
- Or anything else?

We're here for you.

Find out how to contact us below:

- Ask one of your teachers
- Use our website to find your school health team and contact details, as well as health advice and information. Scan the QR code below.

www.merseycare.nhs.uk/secondary-school-health

Did you know?

You have a school health nurse who is available to see you for a confidential appointment for any health and wellbeing worries.

